



Intensive and Supportive In-Home Intervention Program

Save The Youth, Inc. (STY) is currently contracted to provide Medicaid Rehabilitation Services to Protective Services Clients between the ages of thirteen and twenty-six years old, served by the Alabama Department of Human Resources (ADHR) in Jefferson County, Alabama. Save The Youth, Inc. and the Alabama Department of Human Resources share the philosophy that adolescents, adults, and families have the best opportunity to thrive when they live in “safe, stable homes, and communities.” Save The Youth further believes that individuals and families have a greater chance at success and preservation when they live in healthy, supportive psychosocial environments. We welcome the opportunity to serve and work with the Jefferson County Alabama Department of Human Resources.

In 2018, Save The Youth, Inc. implemented the **Intensive and Supportive In-Home Intervention Program**. The program provides in-home mental health services to adolescents, young adults, and families who face or struggle with a history of abuse or neglect exacerbated by risk behaviors exhibited in the home, school, workplace, or community. With the support and partnership of our teams, clients are offered the opportunity to explore (at an age appropriate level) feelings, behaviors, and values that stifle coping skills, threaten health and mental health, and prevent productive goal achievement. **Our goal and mission is to help clients attain and maintain optimal mental health characterized by meaningful, positive change.**

We provide: Individual, Family, and Group Counseling. Additionally, we offer: Crisis Counseling and Intervention; Psychoeducational Services; Restorative Psychosocial Services (Basic Living Skills); Mental Health Coordination Services, and Discharge Planning. All services are culturally sensitive and begin with a Comprehensive Assessment conducted by a Licensed Clinical Social Worker. We use empirically supported interventions that are known to be safe and foster change and/or healing.

Benefits of Our Intensive and Supportive In-Home Intervention Program

- Services are delivered in the privacy and ease of the primary residence and accommodate the personal schedules of clients and families. Barriers such as transportation, stigma, expense, and limited access to care are reduced or eliminated
- We employ licensed and experienced mental health professionals and utilize advanced evidenced-based interventions designed to help decrease and/or discontinue harmful behaviors and decisions
- Counselors help clients learn and adopt healthier, more credible ways to manage life’s difficulties and crises
- Clients become less vulnerable to greater threats such as homelessness, incarceration, hospitalization, or school or work failure
- We educate clients and families about the protective factors associated with positive mental health, and more importantly, how to develop, implement, and maintain them
- Treatment plans are individualized, person-centered, measureable, and developed in collaboration with clients, families, our clinical staff, and ADHR case workers
- Plans are reviewed weekly by the counseling staff, case workers, and clients to assess progress and to determine effectiveness
- We collaborate with community agents that provide sustainable support to clients as they pursue their goals
- Follow-up services are provided for a minimum of one year after the discharge date

Referrals

Referrals from the Jefferson County Alabama Department of Human Resources are accepted Monday-Saturday from 8 am to 6 pm. Case Workers or ADHR staff may contact us by phone, text, email, in person, or mail. To maintain client confidentiality; when contacting us by text or email, we ask that you simply state that you want to submit a referral. We will contact you before the end of the day regarding your request. To contact us, email us at **counselor.savetheyouth@yahoo.com** or call a **Counselor at 205-266-5895**. You may also contact the Executive Director of Save The Youth, Inc., **Earnestine Williams at 205-434-0873 or 205-428-1314 or email at angelforyouth@yahoo.com**.

Days and Times of Services

We are available to school age clients and their families, Monday-Tuesday from 3:30 pm to 6:30 pm; Thursday-Friday from 3:30 pm to 6:30 pm, and Saturday-Sunday from 9:00 am to 6:00 pm, during school months (August-May). Clients may also be seen at one of our satellite offices in Birmingham.

For adults 19 years and older, we are available 6 days a week (except Wednesday), from 9:00 am to 7: 00 pm.

During summer months (June, July, August), we are available to all clients and families from 9:00 am to 7:00 pm, Monday-Sunday.

For more information on how to access our services, please contact the Jefferson County Alabama Department of Human Resources in Birmingham, Alabama at 205-423-4900.